

Reiki Home ~ An Unfolding Journey

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Welcome New Volunteers

New volunteers are joining the work of Reiki Home regularly. Those who recently said YES are:

Fran Freeman, Editor
Newsletter Team

Iryna Ostapyuk,
Translation Team for
Russian

Ingrid Moritzen,
Translation Team for
German

Trinidad Team Members

Steven Brodber
Keith Brudevold
Donna Harris
Calli Alexander-Hensley
Fran Freeman

Welcome to the Reiki
Home Adventure!

2016-2017 Board of Directors

President

January 2017 Vol 3 Issue 1

Greetings!

In the Spring edition, 2016, Kosmos Journal celebrated the joy of co-creation and explored '*models and practices for the emerging planetary civilization*'. It stated, "*The way is not always clear! The path is made by walking together.*"

Kosmos Editor Nancy Roof explained: "*We are in an exploratory time when no one has the answers. Social labs are proliferating. They are not required to come up with answers, but to experiment to discover what works. It's trial and error. It's recognizing that what works in our culture may not work in others. It is about honoring a diversity of paths. Spiritual values of cooperation, kindness, compassion, understanding, and wisdom will be needed and encouraged rather than being considered 'soft.'* The first realization is that *transformation is the new normal and it is pervasive in all spheres of life at once.*

Reiki Home is part of this transformation. We are creating a consciously committed community of Reiki students who are learning to live in love, compassion and peace with one another. Reiki Home is actively creating one way for students to participate in this beautiful (and, at times, difficult) time of change. As we come together as a living community, Reiki circles the globe through our hands and our hearts.

We trust this issue will spark your imagination and invite you to participate in our "unfolding journey." As each student joins Reiki Home and offers his/her gifts to this gentle path of peace and love, we become a stronger force for healing.

Blessings,

Elaine Andres
Creative Director of Reiki Home
Reiki Foundation International



Reflecting on 2016

Highlights of the Year

- **An Unfolding Journey**, our newsletter was published three times.
- **Together in Reiki** virtual circles began in June. Nine circles were offered in four languages with over 300 people participating and represented 30 countries.
- **Reiki for a Better World 2.0** was held in Almaty, Kazakhstan in October with over 30 people in



Grainne Warner
United Kingdom

Vice President



Robert Kramps, The Netherlands

Vice President



Peter Coates-Buglear
UK

Treasurer



Birgit Knorr
Oregon USA

Secretary



Astrid Milvi Bagwitz
Estonia

Member



Patricia Cuadrado De Mattos
Uruguay

Member



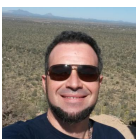
Donna Stetser
North Carolina USA

Alternate Member



Jane Moller Kretz
Denmark

Alternate Member



Andre Baptista
Brazil

Creative Director of Reiki Home

- attendance.
- A new **Accounting System** was established and financial stability achieved.
- Work on a new **Website** was started with an expected launch in 2017.
- The Board appointed **Elaine Andres as Creative Director of Reiki Home**. She volunteers full time for Reiki Home and receives an honorarium.
- **Seven active teams** Akademia Team, Communication Team, Translation Team, Trinidad Team, Acquisition Team, ED Team and the Core team had **more than 100 volunteers** working on Reiki Home.
- Two Board Committees were established: the **Financial Oversight Committee** and the **Strategic Plan Committee**.
- **Over \$25,000 was given** by Board members, staff, and witnesses to cover the cost of the Annual General Meeting held in the USA.
- **A gift of land in Trinidad** was pledged.
- **Eight students spent a week in Trinidad** exploring and listening to the land, developing relationships with the Caribbean Reiki community and visiting the country.

Inspired Guidance By: Frank Coppieters

Any authentic spiritual practice
develops a way of knowing that resides in the heart.

This knowing is a form of trusting.
It can listen.
It responds to the organic fabric present in life itself
at any moment in time.

Such knowing never separates itself from loving.
It knows and loves all beings as one.

When knowing and loving walk hand in hand
there is a quality of innocence about it.

Also, an aspect of humility
where human consciousness does not see itself
as superior to other species.

There can be an overwhelming sense of gratitude
for inhabiting a planet with a tremendous potential
for biodiversity.

Love is not passive.
It will act and protect, even fiercely, when needed.
Like a mama bear would do for her cubs.

You can trust that your sacred practices will teach you
how to combine loving and knowing,
wisdom and compassion, and right action.

Blessed are those who find a community of support
where everyone is honored and respected
for what they are and for the gifts they bring



Elaine
Andres
Oregon
USA

and for their bigness of heart.

Frank Coppieters

November 16, 2016

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Invite Others

All are welcome!

Reiki Home welcomes all students (First Degree, Second Degree and Masters) of all lineages and established Reiki practices.

Forward this issue and invite others to subscribe to *An Unfolding Journey*.

Forward to a Friend



Council of Electors



Rick
Bockner
Canada



Carlos
Sanchez
Argentina




Tripuri
Dunne
United
Kingdom



Scott
Howlett
Australia

Annual General Meeting Highlights

The Board of Directors met for 8 days in person for their Annual General Meeting in Green Valley, Arizona, USA.

- **Robert Kramps** was welcomed as a new Board member. He continues to serve as the Team Leader for the Communication Team and lives in The Netherlands. 
- **Jane Moller Kretz** was welcomed as an alternate Board member. She lives in Denmark. 
- During a virtual gathering, gratitude was expressed all volunteers who have participated in Reiki Home since its beginning.
- **Elaine Andres** was acknowledged as the **Source of Reiki Home** by Phyllis Lei Furumoto and the RFI Board. 
- A morning was spent at Kenyon Ranch listening to the land and giving gratitude.
- Gratitude was expressed to **Rosina Wiltshire** for three years of service to the RFI board. She now serves as Co-Team Leader for the Trinidad Team. 
- The Regenerative Frameworks were presented by Phyllis Lei Furumoto.
- **Nur Stepanova** was thanked for her two years of service as an alternate Board member. She currently serves as the Translation Team Leader. 
- The Board welcomed former Board members Monica Weber and Scott Howlett and also Renate Heimann-Dari, Erika Breiter and Joyce Winough as witnesses for the meeting.

Together in Reiki virtual circles

Imagine sitting in Reiki with students around the globe. Experience Reiki in your body even if you may not understand the words spoken. Become aware you are creating a consciously connected community with those from different cultures, worldviews and countries.



NEW in 2017. Interpretation in other languages will be offered during some of our circles.

2017 CIRCLE SCHEDULE

January 20 at 19:00 - UK time
with Kate Jones and Elaine Andres

January 27 at 19:00 - UK time
with Grainne Warner and Elaine Andres

Interpreted in Russian by Dina Konysbayeva



Laurence
Fontaine
Mexico



Paul
Mitchell
Idaho USA

February 10 at 19:00 - UK time
with Grainne Warner and Elaine Andres

February 24 at 19:00 - UK time
with Grainne Warner and Elaine Andres

March 10 at 19:00 - UK time
with Grainne Warner and Elaine Andres

March 24 at 19:00 - UK time
with Grainne Warner and Elaine Andres

To find your own Time Zone,
[click here.](#)

To support the growth of the Together in Reiki Circles,
your financial support is appreciated,

[My Gift](#)

Volunteer Opportunities

As we expand and grow, there is a place for you ~ your gifts, talents and skills.

You are invited to join those making a difference around the globe! Check out these possibilities!

Administration

Online Office Assistance
Scribes for meetings
Email list maintenance

Newsletter

Writers
Proofreaders
Constant Contact editor

Media

Graphic designers
Video/audio producers
Social media manager
Website manager

Translators needed in the following languages:
Dutch, French, German, Spanish, Italian, Japanese.

Team members

Akademia Team
Communication Team
Core Team
ED Team
Translation Team

Is Reiki inviting you to join in the adventure of Reiki Home?

Akademia Team

Th3 team was formed in the Fall of 2013 to explore the possibilities of creating a Reiki School. The first year was spent in discussion and listening to Reiki for the essence of what wanted to emerge.

In the second year, the team met monthly and created five core values for the school:

1. **Relationship is our foundation.** We relate to each other, ourselves, the land, and other life expressions in a way that is honest, respectful, compassionate, and loving.
2. **Self-exploration deepens understanding.** We create a living environment where it is safe to discover and to offer who we are, listening to our souls and living into the Mystery.
3. **Committed community is essential.** We create sacred spaces where participants have the freedom to be open, vulnerable and live into their potential.
4. **Conscious exploration brings understanding.** We engage in discussion, research and explore together in regenerative ways where knowing and not knowing are respected.
5. **Service expresses gratitude.** We encourage participants to serve the world as a way of life.

The third year, the Team met monthly for 18 months to learn the Regenerative Frameworks. This preparation was done in order to design and prepare to offer *Reiki for a Better World 2.0*. This workshop led by Phyllis Furumoto, Ben Haggard and Jessica Palin was offered for the first time in Almaty, Kazakhstan in October 2016.



The team is now developing an assessment tool for future workshops and offerings. They meet twice a month as the listening continues and Reiki guides their next steps. The process is sometimes challenging and so very often full of joy and excitement.

Trinidad

For more information, [click here](#). Remember, a conversation does not mean a YES from you!

Join Our List

Join Our Mailing List!

Give a Gift

You are invited to join those who financially support Reiki Home by

- giving a monthly sustaining gift
- sharing a gift every quarter
- sending a one-time gift annually.

All financial gifts are gratefully received and support the RFI in developing more offerings for our global community.

My Gift

Trinidad



Joy flows like a river

Pure clear



Bubbling along

From the North Range



To the South

East and West.



It is in the land

The people



The music.

The vibration



Of this beautiful land

Enlivens the soul



Heals the heart

And awakens the spirit.

Fran Freeman
September 24, 2016
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