



# Reiki Home

AN UNFOLDING JOURNEY

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May 2017 Vol 3 Issue 3

Greetings!

Helen Keller said, "Alone we can do so little, together we can do so much." These words became a lived experience in Reiki Home this past month. Neither planned nor anticipated, it was clearly a gift from Reiki!

Within three weeks, several things happened: Together in Reiki Circles met three times; those attending the 21-days of Reiki Meditation gathered for 21 consecutive days; the Core Team members sent Reiki to specific requests for Reiki Home. The combination of these three experiences brought forth great generosity:

- Several people volunteered their skills and time to Reiki Home.
- Others are discerning their gifts and skills.
- Reiki Home received generous Gifts of Gratitude of over \$750 from grateful participants.
- A new organization became a sponsor and a monthly financial supporter.

As a community we sat together in Reiki and held the world in love filling it with Reiki. The results were: individuals received healing and our community was enriched. The world received love and our heartfelt desire for the flourishing of all life.

For these generous gifts and beautiful blessings, we are grateful.

This experience caused me to wonder. What if we sat together every day in Reiki? What if our numbers participating increased to 100? 500? 1,000? What might we achieve? How might we bring healing to the world? It is definitely something to consider.

This newsletter brings more opportunities to sit in circle, to share Reiki, to be in meditation. It also brings inspiration with articles on technology, beautiful poems, and personal sharing. We hope you are blessed.

You are invited to share your time, talent, skills, and financial gifts. Remember, "Alone we can do so little, together we can do so much." It is in this coming together as community that makes a difference.

## 2016-2017 Board of Directors

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Netherlands

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Alternate Member



Jane Moller  
Kretz  
Denmark

Alternate Member



Andre Baptista  
Brazil

### Creative Director of Reiki Home



Elaine  
Andres  
Oregon  
USA

### Reiki Home Calendar

**Together in Reiki  
at 11 a.m. PDT  
To register, click the  
date you wish to attend.**

[May 12 from the UK](#)

[May 26 from the UK](#)

[June 9 from the UK](#)

[June 23 from the UK](#)



**To register, click  
below.**

[Inspired Guidance](#)

**at 8 a.m. PDT**

**May 12**

**May 17 & 19**

Each hour shared, each donation made, each skill given combines to create rivers of abundance flowing through Reiki Home. We would love to hear from you!

Blessings,

Elaine Andres  
Creative Director of Reiki Home

### Inspired Guidance with Frank Coppieters

You are invited to sit with Reiki Master Frank Coppieters as he facilitates an hour of meditation. As we sit in silence, Frank opens himself to the universe and shares with the group the Inspired Guidance that he receives.



All sessions begin at 8 a.m. PDT.

Friday May 12  
Wednesday & Friday May 17 & 19  
Wednesday, May 24

Please [register here](#) to receive the link.

See you in the circle.

### Come to Trinidad!



**Save the Date:**

**Reiki Home's First Conference**

**Building Peace, Healing Ourselves, Healing the Earth**

Offered in collaboration with

Initiatives of Change - Creators of Peace

Caribbean and Trinidad Reiki Communities

**January 12- 16, 2018 Port of Spain - Trinidad**

We welcome you to build bridges through personal connection with the local community, the indigenous people, and members of international organizations. We invite you to contribute to the conscious field of energy of compassion and love. Join the change that radiates peace into the world so all life flourishes.



### Together in Reiki virtual circles

May 24



**Trinidad Conference**  
*Building Peace, Healing  
Ourselves, Healing the  
Earth*

January 12 - 16, 2018  
Port of Spain  
Trinidad

**Welcome New  
Volunteers**

Doreen Curry  
Administrative Assistance

Gio King  
Internet Assistance

Antonella Vicini  
Trinidad Team

Jodi Eaton  
21-Days of Reiki Meditation  
host

**Our Sponsors**

We wish to thank the businesses, Reiki associations and centers who so generously support Reiki Home by being one of our sponsors. Your monthly gifts help sustain us and make a difference. We are grateful!

**BUSINESSES**

Labyrinth Center  
North Carolina, USA  
[www.labyrinthcenter.com](http://www.labyrinthcenter.com)

Pagefield  
Communications Ltd.  
London, UK  
[www.pagefield.co.uk](http://www.pagefield.co.uk)

Sacred Path Ministry  
Oregon, USA  
[www.SacredPathMinistry.org](http://www.SacredPathMinistry.org)

Sugi Health & Fitness  
California, USA  
[amy@sugihealth.com](mailto:amy@sugihealth.com)

**REIKI CENTERS**

Join us in a Together in Reiki virtual circle. These circles are open to anyone who wishes to share in Reiki whether you are a Reiki student or not.

To register for a circle, click the date you wish to attend and complete the brief registration. A Go To Meeting link will be sent before the circle. We look forward to having you sit with us this month.

[May 12 at 11 a.m. PDT](#)

[May 26 at 11 a.m. PDT](#)

[June 9 at 11 a.m. PDT](#)

[June 23 at 11 a.m. PDT](#)

For a unique experience, join the circle when you do not understand the language spoken. You may find that by not knowing the language, you go deeper into the energy of Reiki as it is held in the circle.

**Sharing  
By: Amy Erez**

**Lessons of Virtual Connection**



In the past two years, I have been using more virtual technology to connect with people in the Core Team meetings, doing preparation of Reiki Home materials as well as with some of my private clients. At first, this felt like stepping into a whole new world. There was a new etiquette and a new language I needed to learn. Many unusual feelings went along with it.

I watched myself as I responded with timidity, uncertainty, tears, and silence. It was wondrous to sit in my own space and observe the interactions of people around the world. I'm accustomed to being behind a camera, not in front of one! I was self conscious about how I looked to others; my own image was a distraction.

As I watched the behaviors of those who were experienced with this form of communication, I came to realize that they were as comfortable as if they were together in person, or on the phone having a chat. They knew each other well enough not to worry about the camera's angle giving an unusual view. They were just pleased to see each other.

Sometimes, the internet stopped cooperating and there were interruptions in the conversation. Or someone would not know how to operate the system well, forgetting to turn on or off the mic or video, causing a disruption in the process.

In time, I discovered that this form of communication was actually held in a different rhythm. It was like when children are in the room and the conversation ebbs and flows to accommodate their needs, back and forth between playing and adult attention.

Reikicentrum Zijn

The Netherlands  
[www.reikicentrum-zijn.nl](http://www.reikicentrum-zijn.nl)

ReikiHearts

Vermont, USA  
Website: In development

Reiki Kodu OÜ

Estonia  
[www.milvi-reiki.com](http://www.milvi-reiki.com)

SF Reiki Center

3150 18th St, #243,  
San Francisco, CA 94100  
Telephone: 415-800-8790  
[www.sfreikicenter.com](http://www.sfreikicenter.com)  
[info@sfreikicenter.com](mailto:info@sfreikicenter.com)

REIKI ASSOCIATIONS

UK Reiki Association

United Kingdom  
[www.reikiassociation.net](http://www.reikiassociation.net)



BECOME A SPONSOR

Sponsors contribute a monthly amount as a way to support Reiki Home in expanding its current offerings, creating new offerings and the daily operational costs. We are so grateful for these generous monthly gifts.

For information on becoming a sponsor, [click here.](#)

Give a Gift

You are invited to join those who are giving a financial gift each month, every quarter or once each year. Each gift received allows Reiki Home to share more offerings with the global community.

My Gift

As I became more comfortable with this different rhythm, I found more patience with this process and felt an upwelling of freedom and acceptance within myself. I had freedom from my self-imposed need to appear perfect.

As a newcomer, the group gave me acceptance as I learned to use this foreign form of being with them. I, in turn, became more patient with myself and could extend that patience to others when they had trouble with finicky behavior of the internet.

Ultimately, there were many lessons I learned from the experience of virtual connection. Patience, perseverance, humility, and the joy of connecting are only a few. Yet again, I've seen that we are all human, with different strengths and weaknesses. Through this incredible technology, we can be together even when we are apart, as we help each other through the confusion and inconsistencies of this new form of communication.

Poetry and Inspiration

I am love

Love is embracing who I am  
For I am love  
Let's embrace me in every one  
Please, hold me high

This shared quality of one  
The diversity of each  
The love of all  
It's me

I am love

Without exception  
Perception of  
All ways  
Love, Light, Wisdom

Holographicly different  
And one  
At once

Inge Hindriks, 12-04-2017  
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Peace in your hands

In the hearts of all  
lives an unseen beauty  
that wants to be rediscovered  
by the light of the Universe.  
On the other hand there is no beauty

## Volunteer Opportunities

If you contacted us to volunteer and have not heard back, please check your junk email. Also, add the RFI email to your address book and write again. Thanks!

**Is Reiki is inviting you to join in the work and adventure of Reiki Home?**

**Here are several ways you can make a difference!**

### Administration

Online Office Assistance  
Scribes for meetings  
Email list maintenance

### Newsletter

Artists  
Writers  
Proofreaders  
Photographers

### Media

Graphic designers  
Video/audio producers  
Website management  
Social media managers

**Translators** needed for the languages of:

Dutch (1), Japanese (4), French (3), Spanish (1), German (2), Italian (3).

### Team members for the

Akademia Team  
Core Team  
Newsletter Team  
Public Relations Team  
Social Media Team  
Together in Reiki Team  
Translation Team  
Website Team

If you want more information, [click here](#).  
And, remember, a conversation does not mean a YES from you!

or love that is not known by the All.  
Why try so hard  
when our hearts are felt  
by the love of all?

Let's sit together and close our eyes  
to feel the beauty of love  
in this moment  
a moment of silence  
a moment of peace  
in a world of chaos  
created by our mind, our human aspect  
that wants to be seen or felt.

Know that all is well,  
know that every heart  
is an unseen beauty  
unique in a Universe of Love.

Know that we touch your heart  
over and over, day after day  
until you all feel the Peace  
in that moment of Silence,  
a Peace that will be spread  
and developed in due time.

Take a deep breath  
to spread the peace in your body  
so you can live  
to spread the peace from your hands  
as from today.

Hilde de Vos  
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## The Community Responds

Dear Elaine,

I am unable to join this circle but want to take a moment to tell you how much I appreciate you connecting me with The Reiki Foundation International. The meditations with Frank and Kathy are creating such a beautiful energy base. Even when I cannot join at the designated time, I meditate for an hour at a different time and it connects me with the group.

During these changing times on earth, it feels important to have groups joining together and generating love through meditation. What a powerful force is created when we come together!

I cannot thank you enough for doing this important work.

Deep peace,

Janine Bertram  
Belguim  
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Join Our Mailing List!

### Invite Others

#### All are welcome!

Reiki Home welcomes anyone who wishes to join the unfolding adventure. If you enjoy exploring the unknown, you may find a home here.

### Forward to a Friend

Please forward this issue and invite others to subscribe to *An Unfolding Journey*.



Forward to a Friend



## Team Updates



**Communication Team** - The Team has grown into a new form. Four small teams (Newsletter, Website, Translation and Social Media) now accomplish the work. The Team Leaders share the leadership for the monthly meeting.

**Core Team** - The Team joined the Board for a lively discussion on the eight aspects of wealth creation.

**ED Team** - The Volunteer Reference Guide continues to be developed.

**Newsletter Team** You are reading our second issue. The next issue comes out in July! Let us hear from you. Share your contributions!

**Translation Team** - Three-fourths of the content for the new website has been translated. The few pages are almost finished.

**Website Team** - A new wordmark was created for Reiki Home - see the heading of the newsletter. The website content was completed in English and sent to the designer.