



# Reiki Home

An Unfolding Journey

Gratitude makes sense of our past, brings peace for today,  
and creates a vision for tomorrow. *Melody Beattie*

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July 2017 Vol 3 Issue 4

Greetings!

Making sense of our past. Bringing peace to this day. Creating a vision for tomorrow. Past. Present. Future. These three realities create an experience of Oneness, a consciousness of unity, and a way of living into the Mystery of Life.

As we gather in Reiki Home, we work for a peaceful world in which all life flourishes. We believe the gift we share through our hands can expand, making a positive difference in our world.

## 2016-2017 Board of Directors

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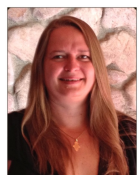
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Some of us are just beginning to live with Reiki; others have lived with, and practiced, Reiki for decades. The beauty of Reiki is that past, present, or future - time makes no difference. Reiki flows the moment we touch.

It is our hope that this newsletter connects you with the experience of Oneness and expands for you some ways Reiki is unfolding within Life. In this issue you will read:

- *The Gift of Witnessing* by Charlotte Bessels
- *Well, Hello, Sweatheart*, a reflection on the life of Donna Williams and how Reiki reached across the miles to serve a friend.
- During an *Inspired Guidance* circle, Sally's life was touched deeply and healing happened.
- *Building Peace, Healing Ourselves, Healing the Earth* is the theme for the Trinidad Conference.

As you read this issue, may you reflect on how Reiki touched you in the past, how Reiki is working in your life and how Reiki is creating a vision through you.

Reiki Home has been, and is, a gift in my life and a most challenging path as I continue to stretch beyond my capabilities into new growth and being.



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Creative Director of  
Reiki Home



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Andres  
Oregon  
USA

Reiki Home Calendar



Together in Reiki

To register, click date

July 19

10 a.m. PDT  
Treechild, Canada

July 28

11 a.m. PDT  
Grainne Warner, UK

To register for these circles,  
visit the Facebook Page.

**August 2**, 3 p.m. PDT

Blessings,

Elaine Andres  
Creative Director of Reiki Home



NEW Facebook Page

Like, Follow, Share

[Our Facebook page](#) is live! We are excited to have another way to connect and share the offerings of Reiki Home as they grow. Please check the page often to register for the Together in Reiki and Inspired Guidance circles.

Please Like, Follow, and Share our page with others. We look forward to your comments, thoughts and posts.

Come to Trinidad!

***Building Peace, Healing Ourselves,  
Healing the Earth***

Reiki Home is excited to partner with the **Initiatives of Change, Creators of Peace** and the **Indigenous People of Trinidad and Tobago**. You are invited to join us in Trinidad next year.



Trinidad Fall Trip

At the conference, you will build bridges through personal connections with new international friends and contribute to building peace through the conscious field of the energy of compassion and love.

**Join the change that radiates  
peace into the world  
so all life flourishes.**

**Dates:** January 12-16, 2018  
**Registration Opens:** July 27, 2017  
**Where:** Port of Spain, Trinidad  
**Email:** [reikifoundation@gmail.com](mailto:reikifoundation@gmail.com)  
**Web:** [trinidadconference.org](http://trinidadconference.org)

**The Gift of Witnessing  
By: Charlotte Bessels**

Charlotte Bessels continues her many years of service as a dedicated volunteer for Reiki Home. She is involved, informed and a most amazing witness to the growth and spirit of Reiki Home. She is a role model who inspires all; we are very blessed and grateful to have her as a part of our lives.



She writes: *"I have been involved in Reiki*

Treechild, Canada

**August 11**, 11 a.m. PDT  
Grainne Warner, UK

**August 16**, 10 am. PDT  
Treechild, Canada



### Inspired Guidance

To register, click date.

**8 - 9 a.m. PDT**

[Wednesday, July 19](#)

[Friday, July 21](#)

[Wednesday, July 26](#)

[Friday, July 28](#)

To register for these circles,  
visit the Facebook page.

Friday, August 4  
Wednesday, August 16  
Friday, August 18  
Wednesday, August 23  
Friday, August 25  
Wednesday, August 30



### Trinidad Conference

*Building Peace,  
Healing Ourselves,  
Healing the Earth*

**January 12 - 16, 2018**

Port of Spain  
Trinidad

**Registration Opens**  
July 27, 2017

**For More Information:**  
[trinidadconference.org](http://trinidadconference.org)

### Facebook

Please Like, Follow and  
Share our new [Facebook  
page](#).

All offerings will be listed  
on Facebook. We hope  
you sign up!

*Home for almost nine years and my passion has grown tremendously. Coming from a place where it seemed important to create a physical Home for Reiki as a place of pilgrimage, a place to be nourished, a place to accommodate the heritage of my practice of Usui Shiki Ryoho, I have learned that we all, as practitioners of all forms of Reiki, carry Reiki Home, consciously or unconsciously, inside ourselves. It now feels like it is time for to learn how to use the gift of Reiki in service to make the world a better place.*

*My journey with Reiki Home first began in 2009 when I attended the Office of the Grand Master (OGM) Retreat in Arizona. This is a special time of gathering and reflection about Reiki and the system we practice, Usui Shiki Ryoho. During a morning session, I chose to attend a group session for which the topic was to explore the possibility of Reiki having a home. This group was motivated and excited about the concept and even used break times to continue working together. Our conclusion was that having a home for Reiki was a very good idea.*

*About a month later, Elaine Andres contacted the members of the "Home Group" and shared that she was still pondering this idea of Home. She wanted to know if I was interested in participating. A group of us began meeting monthly by Skype and continued to explore the concept of home in our lives and in relation to Reiki.*

*A year later, Elaine synthesized our thoughts in a beautiful poem we refer to as the "Home Poem". This was presented at the OGM Retreat in 2010 and was wonderfully received. The "Home Poem" continues to be a beacon today as we create Reiki Home as a global reality.*

*The calling for a Reiki Home was so obvious that an organization was needed. The members of The Reiki Foundation International (RFI), who had supported the OGM for over 10 years, agreed to transition their organization to serve the creation of Reiki Home.*

*I was invited to join the Board and soon determined my most effective role was as an energetic support and witness to the Board meetings, either virtually or physically. I continue to view this as my work with this project and support the RFI energetically on a daily basis.*

*For several years, I participated in the Core Team, a group of Reiki practitioners that supports the Board. The team explores new ways for Reiki to serve the world and offers advice to the Board.*

*We are asked to practice as we were taught, to be willing to step into the unknown, and to open ourselves for new insights, new possibilities, new ways of being community.*

*This invitation led to an awareness of the need to be inclusive of other forms of practice. We now invite all those who practice Reiki to join us in a common desire to improve our world.*

## Our Sponsors

We wish to thank the businesses, Reiki associations and centers who so generously support Reiki Home by being one of our sponsors. Your monthly gifts help sustain us and make a difference. We are grateful!

### BUSINESSES

**Labyrinth Center**  
North Carolina, USA  
[www.labyrinthcenter.com](http://www.labyrinthcenter.com)

**Pagefield Communications Ltd,**  
London, UK  
[www.pagefield.co.uk](http://www.pagefield.co.uk)

**Sacred Path Ministry**  
Oregon, USA  
[www.SacredPathMinistry.org](http://www.SacredPathMinistry.org)

**Sugi Health & Fitness**  
California, USA  
[amy@sugihealth.com](mailto:amy@sugihealth.com)

### REIKI CENTERS

**Reikicentrum Zijn**  
The Netherlands  
[www.reikicentrum-zijn.nl](http://www.reikicentrum-zijn.nl)

**SF Reiki Center**  
3150 18th St. #243  
San Francisco, CA 94100  
Telephone: 415-800-8790  
[www.sfreikicenter.com](http://www.sfreikicenter.com)

### REIKI ASSOCIATIONS

**UK Reiki Association**  
United Kingdom  
[www.reikiassociation.net](http://www.reikiassociation.net)



### BECOME A SPONSOR

Sponsors contribute a

*This is a challenge for me personally, and for us as a world community. I feel extremely grateful that I am part of it. Twenty-five years of practicing Reiki has taught me that Reiki guides us."*

## Together in Reiki virtual circles



Join us in a Together in Reiki virtual circle. These circles are open to anyone who wishes to share and experience Reiki whether you are a Reiki student or not.

For a unique experience, join the circle when you do not understand the language spoken. You may find that by not knowing the language, you may go deeper into Reiki.

To join a circle in July, please click the date and register. For the circles in August, please visit our [Facebook page](#) to register. An email Go To Meeting link will be sent one week before the circle. We hope you join us.

**[Wednesday, July 19](#)**  
Treechild, Canada

**[Friday, July 28](#)**  
Grainne Warner, UK

**Wednesday, August 2**  
Treechild, Canada

**Friday, August 11**  
Grainne Warner, UK

**Wednesday, August 16**  
Treechild, Canada

## Inspired Guidance with Frank Coppieters

You are invited to sit with Reiki Master Frank Coppieters as he facilitates an hour of meditation. As we sit in silence, Frank opens himself to the universe and shares with the group the Inspired Guidance that he receives. These circles are offered in both English and Dutch.



### **A sharing from a participant at a recent Inspired Guidance**

*"Lordy, Elaine, it (the Inspired Guidance session) touched more than my heart!*

*I've developed health issues that have had me lost, floundering and separated from myself, regardless of swathes of Reiki and the love and support of friends and Reiki colleagues.*

*I knew that it was a process I needed to sit with, see and wait for the fear to pass through and clarity return, and the meditation (with Reiki hands on for that hour) somehow gave me back to myself. Today I feel tearful with relief rather than from fear and confusion.*

monthly amount as a way to support Reiki Home in expanding its current offerings, creating new offerings and the daily operational costs. We are so grateful for these generous monthly gifts.

For information on becoming a sponsor, [click to send us an email.](#)

### Join Our List



### Give a Gift

You are invited to join those giving a financial gift each month, every quarter or once each year.

Each gift received allows Reiki Home to share more offerings with the global community.

[My Gift](#)

### Invite Others

#### All are welcome!

Reiki Home welcomes anyone who wishes to join the unfolding adventure. If you enjoy exploring the unknown, you may find a home within our community.

### Volunteer Opportunities

If you contacted us to volunteer and have not heard back, please check your junk email. Also, add the RFI email to your address book and write again. Thanks!

*So, multitudinous blessings to you, to Frank, and to all who manifest their depth of commitment and love and share it so generously with us." Sally, UK*



### Dates, Time for July and August

All sessions begin at 8 a.m. (PDT or Portland, Oregon, USA) and are one hour long. Please register below by clicking the July dates you wish to attend. You will receive the Go to Meeting link just before the circle.

[Wednesday, July 19](#)

[Friday, July 21](#)

[Wednesday, July 26](#)

[Friday, July 28](#)

To register for the August circles, please visit our [Facebook page](#). An email link to Go To Meeting will be sent to you the night before the circle.

Friday, August 4

Wednesday, August 16

Friday, August 18

Wednesday, August 23

Friday, August 25

Wednesday, August 30

### Poetry & Inspiration By: Hilde de Vos

#### A New Future

In the transition to a new future  
you will all take part  
with small single steps  
on your way to Love and Service.

We were here all around you  
to support the power  
of this small circle.

Our hands were joined  
through time and space  
and the love in our hearts.

Breath in the strength of all  
and feel your force together.

The fire in the center of this strength  
warms whoever is in need.

Hilde de Vos, April 2016  
Printed with Permission

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**Is Reiki is inviting you to join in the work and adventure of Reiki Home?**

**If so, here are several ways you can make a difference!**

#### **Administration**

Online Office Assistance  
Scribes for meetings

#### **Newsletter**

Artists  
Writers  
Proofreaders  
Photographers

#### **Media**

Graphic designers  
Video/audio producers  
Website management  
Social media managers

**Translators** needed for the languages of:  
Dutch (1), Japanese (4),  
French (3), Spanish (1),  
German (2), Italian (3).

**Team members for the**  
Newsletter Team  
Public Relations Team  
Social Media Team  
Website Team

Email us for more information. [Click here.](#)

Remember, a conversation does not mean a YES from you!

#### **Forward to a Friend**

Please forward this issue and invite others to subscribe to *An Unfolding Journey*.



Forward to a Friend

## **Well, Hello Sweetheart** By: Karen Johnson

Donna Williams never belonged to Reiki Home. However, she knew about creating home and welcoming Reiki students, clients and friends into a healing space. Her 'back forty' acres in Hillsboro, Oregon, was most definitely a place where Reiki was practiced taught and celebrated.

Even though I lived thousands of miles away, she included me in her circle offering invaluable support on my Reiki journey. She intuitively knew that Reiki has no boundaries.

Donna and I were a most unlikely pairing. When we first met at Britenbush decades ago, she declared that she had never met anyone quite like me. Perhaps it was her position as the eldest of eleven that made her so welcoming.

Soon after our initial physical meeting phone calls became our preferred way to connect. My calls were always greeted with the welcoming words, "*Well Hello Sweetheart.*"

She graciously assumed a mentoring role in my life and even traveled thousands of miles to teach Reiki in my home. When I sent Reiki to her brother Douglas and ended up treating her brother Don, she patiently explained that because they were identical twins Reiki was equally needed by both. She was in my life for a reason and a season; her influence will last a lifetime.

Donna Williams died on April 14th, 2017. Thanks to her I learned how Reiki creates a feeling of home and that one can indeed 'come home' to Reiki. Our unfolding journey - a friendship between opposites living thousands of miles apart - profoundly and vividly enriched my life. Thank you Donna! You live on in my heart.

## **Reducing Emails**

### **Register for Offerings Through the Newsletter and Facebook**

We are working to reduce the number of emails you receive. Please sign up for the circles of Inspired Guidance and Together in Reiki by registering through the newsletter of visiting our new [Facebook page.](#)