



# Reiki Home

An Unfolding Journey



"The best way to find yourself is to lose yourself in the service of others."  
Mahatma Gandhi

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October 2017 Vol 3 Issue 5

## An Exciting First for Reiki Home!

The first global conference sponsored by Reiki Home, the Initiatives of Change, Creators of Peace and the Indigenous People of Trinidad and Tobago is highlighted in this issue.

You won't want to miss the two beautiful stories from Reiki Masters about their experiences with children: ***Sharing with the Heart*** and ***Twin Girls in Diapers***.

There is a NEW circle offered this month on the second and fourth Tuesdays of the month. Be sure to look at the information on the virtual Reiki circles -Together in Reiki, Inspired Guidance, and **Open Hearts, a new non virtual Reiki circle.**

In the left column, we posted two volunteer positions that are needed in Reiki Home. Please take a look!

We hope you enjoy another issue and find inspiration and information that supports you on your own journey.

Blessings,

Elaine Andres  
Creative Director of Reiki Home



## Our Mission

Reiki Home is an global community open to all Reiki students, practices and lineages.

It seeks to serve the world by educating people in the ways the practice of Reiki promotes emotional, mental, physical and spiritual health and creates a way of living in which all life flourishes.

## 2017 - 2018 Board of Directors

President

## Join Us in Trinidad

**The Trinidad Conference**  
***Building Peace, Healing Ourselves,***  
***Healing the Earth***



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Creative Director of Reiki Home



Elaine Andres Oregon USA

January 12-16, 2018, Port of Spain, Trinidad  
Early Registration closes: October 25, 2017

There is a song that begins with "Let there be peace on earth and let it begin with me." This song reflects the theme of the first conference sponsored by Reiki Home and its partners: the Initiatives of Change, the Creators of Peace and the Indigenous Peoples of Trinidad & Tobago.

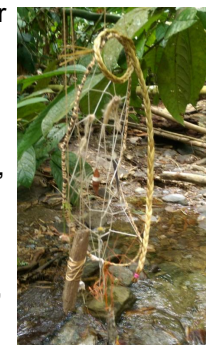


This exciting world conference brings together people who are making a difference around the world to facilitate an exchange of ideas, to showcase good practices globally and locally, and to build on positive trends.

You are invited to come to Trinidad to make a difference!

The conference offers you opportunities to:

- Learn about Sustainable Development Goals with Richard Blewitt, United Nations Resident Coordinator.
- Participate in a Sacred Indigenous Water Ceremony with Chief Ricardo Hernandez on Reiki Home land.
- Experience a round table discussion on Spirituality and Peace with a panel of interfaith leaders.
- Explore Mediation and Peach Keeping with Beverly Harry-Emmanuel, Director of Mediation Division, Ministry of Community Development, the Culture and the Art.
- Hear Phyllis Lei Furumoto, a leader in the global Reiki community, speaking on *Reiki in Healing and for Peace in the World* with a special time for questions and answers.
- Learn about People Taking Action through successful local and global business and educational models contributing to sustainable development and peace.
- Listen to the Unfolding Journey of Reiki Home as shared by Elaine Andres, Creative Director of Reiki Home.
- Engage with a panel discussion on Gender and Spirituality with Rosina Wiltshire, Shari John; Roberta Clark, former Regional Director, UN Women Asia & the Pacific; and Gabriele Hussein, Director of Gender & Development Institute, University of the West Indies, St. Augustine.
- Enjoy lively steel bands and calypso music, bird life, the beaches of the twin island republic and much more.
- Be nourished by Reiki shares, Yoga, Tai Chi Gong and meditation.



Early Registration closes October 25.

## Volunteer Positions Open

**Bookkeeper** - Must know Quickbooks Online  
15-25 hours per month

**Constant Contact Design** -  
Willing to learn the program  
20-30 hours per month

**To apply:** Email a letter of application and your resume to the Creative Director of Reiki Home at the email address below.

**For the full job description** or for more information, contact the Creative Director of Reiki Home at [creativedir@reikihome.org](mailto:creativedir@reikihome.org)

## Facebook

Please Like, Follow and Share our [Facebook page](#).

## Reiki Home Calendar



### Together in Reiki

All Times are PDT (USA, Portland, OR)

#### October 27 at noon

Kate Jones & Elaine  
From the UK

#### November 1 at 9:30 a.m.

Treechild & Karen  
From Canada

#### November 10 at noon

Grainne & Elaine  
From the UK

#### November 15 at 9:30 a.m.

Treechild & Karen  
From Canada



### Open Hearts

Time is 12:15 p.m. PST  
(USA, Portland, OR)

#### November 14

#### November 28

For more information, please visit the website:  
[www.trinidadconference.org](http://www.trinidadconference.org)

Click on the Registration Form for conference costs, hotel rates and information.

## The Gifts of Trinidad

### Trinidad

Joy flows like a river  
Pure, clear,  
Bubbling along,  
From the North Range  
To the South  
East and West.  
It is in the land  
The People

The music  
The vibration  
Of this beautiful land.  
Enlivens the soul  
Heals the heart  
And awakens the spirit.

By: Fran Freeman  
September 24, 2016



## Open Hearts

### NEW Reiki Circle

All are welcome - Reiki student or not! We gather to send gentle thoughts and/or Reiki for peace. This circle is held without a virtual or physical location. Join us as we create an energetic field of peace in which all life can flourish.



An email with a specific focus for each non-virtual circle is sent. After the circle, Hilde de Vos who is our facilitator, sends the message she receives during the circle.

The circles are held the second and fourth Tuesday of each month at 12:15 pm. PST for thirty minutes. Time zones are listed on the event page.

For more information and to register, please click on the date.

November 14  
November 28

## Sharing with the Heart Krishna Kloers

Approaching one's life as an unfolding journey may take one far from 'home'. Krishna Kloers had the courage to follow her intuition and travel far from her native Germany. Her Reiki practice has deepened her intuition and given her courage to follow the guidance given.



## Inspired Guidance

Time is 8 a.m. PD  
(USA, Portland, OR)

October 18 and 20

–  
November 8 and 10

–  
November 15 and 17

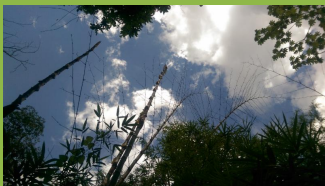
–  
November 22



## *Building Peace, Healing Ourselves, Healing the Earth*

*Trinidad Conference*  
**January 12 - 16, 2018**  
Port of Spain, Trinidad

**For Information**  
[trinidadconference.org](http://trinidadconference.org)



## **Our Sponsors**

We are grateful to the businesses, Reiki associations and centers who so generously support Reiki Home by sponsoring us. Their monthly gifts make a difference and help sustain us. Thank You!

## **BUSINESSES**

**Labyrinth Center**  
North Carolina, USA  
[www.labyrinthcenter.com](http://www.labyrinthcenter.com)

**Pagefield Communications Ltd,**  
London, UK  
[www.pagefield.co.uk](http://www.pagefield.co.uk)

**Sacred Path Ministry**  
Oregon, USA  
[www.SacredPathMinistry.org](http://www.SacredPathMinistry.org)

**Sugi Health & Fitness**  
California, USA  
[amy@sugihealth.com](mailto:amy@sugihealth.com)

When Krishna heard the M Venkatarangaiya Foundation, a non-profit organization dedicated to abolishing child labor in India, needed teachers, she volunteered to work in their bridge program.



This program works to 'bridge' the gap between a child leaving child labor and going to school again. Thus Krishna began a month-long adventure teaching English to children. When she sent pictures to accompany this article Krishna wrote, "I hope you find some pictures which illustrate the purpose of sharing with the heart."

This photo shows the children deeply engaged in learning. They are crowded around Krishna leaning into every word spoken. Look at the intimacy among them! It is as if everyone's heart is beating as one!



Krishna adds her reflections. "The camp girls were curious for the teaching; they were curious to get to know things outside of their radius. They had never been so close to a person who was not Indian. Somehow it excited them: they were filled with childlike curiosity!"

The Indian people are filled with heart; they live close to their feelings and beliefs. They are so poor and yet so deeply grateful. Time flows differently there.



When Krishna returned to Germany she missed the crowded streets, the chaos and the eagerness of daily life. She says with a smile, "I think my heart is Indian."

Krishna believes that connection expands one's ability to communicate heart to heart. She suggests others find something that speaks to their heart and do it. Make the world a better place. Follow your intuition. Let Reiki guide you. Perhaps your heart will find a new home.

## **Together in Reiki virtual circles**

The energy of Reiki is growing as we sit together holding the world and imagining all those we love within the circle. It seems that every circle, the field of energy is bigger, deeper and reaching around the world.



To join a circle, click the date below to register. You can also register on our [Facebook page](#). An email Go To Meeting link is sent the night before the circle. We hope you join us.

**October 27**

from the UK at noon PDT

Kate Jones, facilitator

**November 1**

## REIKI CENTERS

**Reikicentrum Zijn**  
The Netherlands  
[www.reikicentrum-zijn.nl](http://www.reikicentrum-zijn.nl)

**SF Reiki Center**  
3150 18th St. #243  
San Francisco, CA 94100  
Telephone: 415-800-8790  
[www.sfreikicenter.com](http://www.sfreikicenter.com)

**Reiki Hearts**  
Brattleboro, VT

## REIKI ASSOCIATIONS

**UK Reiki Association**  
United Kingdom  
[www.reikiassociation.net](http://www.reikiassociation.net)



## BECOME A SPONSOR

Sponsors contribute a monthly amount to support Reiki Home in expanding and creating its offerings and the daily operational costs. Thank you for these generous monthly gifts.

For information on becoming a sponsor, [Email us](#).



### Give a Gift

You are invited to join those giving a financial gift each month, every quarter or once a year.

Each gift received supports Reiki Home in service to the global community.

[My Gift](#)

from Canada at 9:30 a.m. PDT  
Treechild, facilitator  
[November 10](#)  
from the UK at 11 a.m. PST  
Grainne Warner, facilitator  
[November 15](#)  
from Canada at 9:30 a.m. PDT  
Treechild, facilitator

## **Twin Girls in Diapers Stumble into Safety Sukoshi Rice's Sharing By: Karen Johnson**

Sukoshi Rice's Facebook post on June 18th made me sit up and take notice. Sukoshi had just purchased a home in Murphy, North Carolina, and made an unscheduled visit to check on how renovations were progressing. Her story begins with a reflection on what could have happened.

"If I hadn't taken my dog Mimi with me to Murphy, maybe there would have been two dead or missing twin girls. Or if Micah hadn't been working on my house on a Sunday, I wouldn't have even gone up there and taken Mimi to teach her about town life and walking on a leash. God and the Universe have this exquisite way of pairing things - putting things together."

She continues by describing the little girls. Her description pulled at my heartstrings!

"One of them, the one covered with glittery sand, whose hair was tangled with glitter, was wearing her own shoes, little glittery pink ones, on the wrong feet. The other, whose hair was brushed and smooth, was clumping along as best she could in her daddy's big sneakers, carrying a little tiny satin purse."

Sukoshi described how the girls willingly followed her everywhere as she first searched for the parents and then reluctantly called the police. She wondered what would have happened if they would have wandered into the wrong hands. They were so trusting. In the end a frantic father came to collect them.

When she shared her experience with a friend, he texted, "The universe sent them to you to protect them."

Speaking with me about the experience, Sukoshi said she always tries her best to do what is most needed everyday. Ever since taking first degree Reiki in 1985, she gives herself treatments every morning and every night to stay aligned with her highest purpose and potential.

Most certainly she fulfilled her highest purpose while out walking Mimi on June 18th. This story takes my breath away.

**NEW Facebook Page**

[Our Facebook page](#) shares some beautiful videos and short articles on a variety of topics. In two or three minutes you can learn something new!



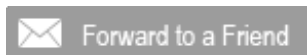
### Invite Others

#### All are welcome!

If you enjoy exploring the unknown, you may find a home within our community. Reiki Home welcomes everyone to join our unfolding adventure.

### Forward to a Friend

Please forward this issue and encourage others to subscribe to our newsletter - *An Unfolding Journey*.



### Newsletter Staff

**Team Coordinator:** Fran Freeman

**Proofreader:** Karen Johnson

**Writers:** Shelley Easthope, Sally Pickard and Donna Harris.

**Design:** Elaine Andres

### Inspired Guidance with Frank Coppieters

As Frank teaches, Reiki gives the gift and experience of connection with all life.



#### A Participant's Experience

*"Thank you for including me on the invitation list. I am still having difficulty with access. I was able to join last Friday's beautiful Inspired Guidance. I was disconnected after about 30 minutes and twice tried to get reconnected. Then I simply took a deep breath and sat in meditation for the remainder of our time together. It was a powerful joining.*

*I think the problem is my internet provider and will work on this. It was a sweet reminder of the power of Reiki for me to see that there is no disconnection. Even with Internet malfunction I remained in our Reiki Home circle." Janine Bertram, USA*

You are invited to sit in circle, experience the quiet. Listen to your heart. Feel the connection with the pulse of life.

#### To Register, click the date below.

All circles are from 8 - 9 a.m. PDT.

[October 18 and 20](#)

[November 8 and 10](#)

[November 15 and 17](#)

[November 22](#)