



Reiki Home

An Unfolding Journey



"The best way to find yourself is to lose yourself in the service of others."
Mahatma Gandhi

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Mission

Reiki Home is a global community open to all Reiki students, practices and lineages.

It seeks to serve the world by educating people in the ways the practice of Reiki promotes emotional, mental, physical and spiritual health and creates a way of living in which all life flourishes.

2017 - 2018 Board of Directors

President

Reiki Home Launches an Updated Website!

The Reiki Home updated website is live. To experience Reiki Home in another way, go to www.reikihome.org. There you will find a new website layout and design.

As you read, keep in mind that this is a living site and will change as Reiki Home grows. A quick overview is shared here. We do hope you will visit and then share your thoughts and responses with us.

Beginnings shares the essence of Reiki Home and invites you into a conversation on what Reiki Home is for you.

Learning offers Reiki in Action and a way to share our learning with each other. As this section expands, a variety of subjects will be added in the next few months.

Participating The highlight in this section is that you no longer need to register to attend a Reiki circle. All virtual and non-virtual Reiki circles are available directly from the website. The links and topics are on the Calendar! Please join us!

Giving invites you to partner with Reiki Home as together we build an active, learning community and share with the world.

About offers information on our structure. Discover the people behind Reiki Home. Notice how many people are involved and the ways in which they serve!

Share Your Voice provides a way for you to be heard within our community. Your experience, story or comments are welcome.

Get In Touch encourages you to communicate with the Board, Staff and Teams to engage in dialogue as we grow together.

Created from the work of many hands and hearts, this website enables Reiki Home to grow and expand our service to you, our visitors and partners, the Reiki community and the world.



Robert Kramps, The Netherlands

Vice President



Peter Coates-Buglear United Kingdom

Treasurer



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Secretary



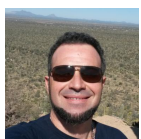
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Member



Andre Baptista Brazil

Member



Patricia Cuadrado Uruguay

Member



Christopher Tellez California USA

Creative Director of Reiki Home



Elaine Andres Oregon USA

And for this gift, we are grateful.

Our Gratitude

To All Who Made the Website Possible

To the 52 volunteers who combined to contribute thousands of hours to writing, editing and proofreading the content as they created the essence and energy of the site, you have our deepest gratitude.

To the Translation Team members who translated more than 50 pages of content, we thank you for making it possible for visitors to read the website in their own language. Note: Dutch and Spanish are currently online. German, Italian, French, Portuguese and Russian are coming.

To our Website Administrator, Dori Beeler, who shared her wisdom as the site was created, we are grateful for the guidance provided and the questions answered. For working many late nights to edit and make corrections, thank you for your joyful presence as you made this work fun.

To our website designer, Ester Strijbos, who so generously gave many extra hours over and above her contract as a gift to Reiki Home, we thank you. Your artistic talent created a beautiful website.

We are grateful to each and every one of you for your contribution. Because of you, the website is a wonderful gift to our global Reiki community.

Join Us in Trinidad

Building Peace, Healing Ourselves, Healing the Earth

January 12-16, 2018

This exciting world conference brings together people who are making a difference around the world. Its purpose is to facilitate an exchange of ideas, showcase good practices globally and locally, and build on positive trends.

A powerful calling ... the heart of our planet beats here, on this island that was part of South America, Purpose, intention, spirit in action!

We are gathering to take action, To honor this land, with love received, we invite you to share the great circle for Peace in action!

Please note: There is still room if you want to come at the last minute! :) It would be a joy to have you attend!

Register or for more information: www.trinidadconference.org.

Gratitude as a Portal to the Spiritual Dimension By: Shelley Easthope

An Interview with Rick Bockner

Facebook

Please Like, Follow and Share our [Facebook page](#).



Our Sponsors

We are grateful to the businesses, Reiki associations and centers who so generously support Reiki Home by sponsoring us. Their monthly gifts make a difference and help sustain us. Thank You!

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Labyrinth Center

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REIKI CENTERS

Reikicentrum Zijn

The Netherlands
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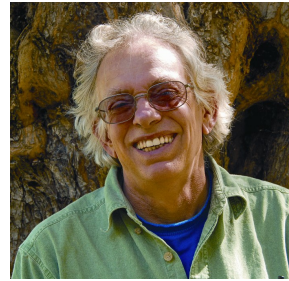
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SF Reiki Center

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Rick Bockner, the last Reiki Master Hawayo Takata initiated in 1980, shared his life-long experiences in relation to the spiritual dimension. When interviewed, Rick was working on building doors to complete his new music room.



When I asked Rick for his thoughts on gratitude and nature, he shared, *"My basic thoughts about gratitude and nature are that when one is in Gratitude, one can't be angry or negative. It is a doorway to peace and acceptance.*

The more we work with this, the more we see the patterns of nature moving among us, and this can be very informative and reassuring. Soon we are able to take our place with all the other life forms with respect and inclusion, rather than seeing nature as a force to be dominated or adapted to just our needs."

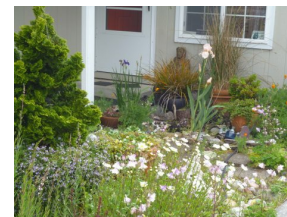
In conversation Rick described a workshop he led last spring in Den Haag, on moving into the fifth precept - *Show gratitude to every living thing* - as a means of finding your place in the circle of life. Rick spoke of gratitude as changing the dynamic in a system from hierarchical to circular. In hierarchy, responsibility moves in one direction whereas in a circle, responsibility is shared. *"When we feel gratitude we cannot separate ourselves from the tapestry of life; we have to respect it."* Rick referred to the fifth precept as a portal to open up the spiritual dimension of Reiki. Being thankful for every living thing is being thankful for every energy as well; hence the universal begins to open up.

I asked Rick about his tree planting as he planted more than a million trees over a period of eighteen years in seasonal work. This crew worked together in 'freshly dead' areas to make them green again and, in doing this, the crew became a family. Rick returned to a forest he planted 35 years ago and saw how their planting alleviated grievous harm to the earth. He observed, *"People working together can accomplish seemingly impossible things."* Tree planting was a way to make a living and also created a deep appreciation of the natural world and its intricacies. It helped him move out of what he terms "industrial mind".



Rick now works with wood as a carpenter and is not against logging. He states that logging or taking anything with gratitude introduces the element of respect to the relationship, and when we respect we cannot take without asking.

I asked Rick if he has a personal practice of gratitude. He responded that his garden is a practice of gratitude. He talks to it. This dialogue, based on respect, makes it work. This attitude can be expanded and applied to the world around us.



Rick completed the interview by relating that when asked *"What is the greatest lie mankind has been given?"* he answered, "separateness". He went on to state, *"We are all like fingers on a hand or hairs on a body. We cannot be separated and it is gratitude that connects us"*.

Rick served on the Board of Directors for Reiki Home from 2011-2013 and now serves on the Council of Electors. He lives with his partner, Carina, on a small island on the Pacific coast of Canada.

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www.livinglightcenter.com

REIKI ASSOCIATIONS

The Reiki Association - UK
United Kingdom
www.reikiassociation.net



BECOME A SPONSOR

Sponsors contribute a monthly amount to support Reiki Home in expanding and creating its offerings and the daily operational costs. Thank you for these generous monthly gifts.

For information on becoming a sponsor, [Email us.](#)



Give a Gift

You are invited to join those giving a financial gift each month, every quarter or once a year.

Each gift received supports Reiki Home in service to the global community.

[My Gift](#)

Newsletter Staff

Team Coordinator: Fran Freeman

Proofreader: Karen Johnson

Reiki Circles Grew By: Elaine Andres

We have much excitement in Reiki Home within the Reiki circles.



We offered 89 circles in 2017! Yes, 89! This compares to the 12 circles we offered last year. Reiki Home is growing!

Thank you for making this happen! Reiki Home is making a difference, one circle at a time, and the field of energy increases with each one offered!

I'm "retiring" from organizing the circles and gifting a part of my heart to those emerging to lead our circles into the new year. Please hold this shift in leadership that it may be smooth, gentle.

Why I Volunteer By: Amy Erez

Core Team Coordinator Shares

My experience of being on the Core Team is one that is difficult to put into words. It has affected me on all levels and in ways that I am not even aware of yet.



Each time I sit in the presence of this group, I become aware that there is important internal work going on for me. As I delve into that part of myself, I find that the Core Team, and Reiki Home itself, is a place that I can belong. I can be myself to my fullest capacity, while also being in collaboration with others.

This unique combination of being an individual and yet part of a bigger whole simultaneously can only be found in rare situations. The Core Team offers this opportunity to me.

Emails Are Reduced!

Connect to a Reiki Circle in a NEW way!

No need to register! No more email invites or emails with links! The Together in Reiki, Inspired Guidance and Open Hearts Reiki Circles are now easily accessed from the website Event Calendar. Visit the calendar to find the link or the topic for the circle.

Spread the word. Invite others to join as we continue to deepen the field of Reiki energy.

Writers: Shelley Easthope, Sally

Pickard and Donna Harris

Design: Doreen Curry