

"The Heart is right to cry Even when the smallest drop of light, Of love, Is taken away." Hafiz

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Reiki Home

Reiki Home is a growing global network of individuals and Reiki communities inspired by the daily practice of Reiki.

Reiki Home holds the understanding of Regenerative Living and embraces the diversity and oneness of humankind, nurturing the inter-connection of all living things which flow within the Natural Order

Crossroad

A crossroad is defined as a place where two roads intersect. This year at the Board's Annual General Meeting, we found ourselves at several crossroads - places where a choice needs to be made.

In this issue you will read of the new, exciting choices that were made. You are invited to participate with us in creating the reality of our next step.

A crossroad happened when local Reiki students from Spain were invited to meet with us. This was a conscious step to connect with and support local Reiki communities.

As we considered our offerings *Inspired Guidance*, *Together in Reiki*, *Open Hearts*, and our NEW telephone circle *Healing Our Hearts*, *Communities and World*, another crossroad was approached. We are making a transition from an all volunteer organization to an enterprise with part time staff in order to provide more offerings in the next year.

A new chapter is beginning. Crossroads are appearing in many ways. Please consider how you might support this time of change and transition.

Blessings,

Elaine Andres Creative Director of Reiki Home



An AGM First!

Spanish Student Gathering

The AGM 2018 created a new way of connecting with Reiki students. This year the local Spanish Reiki of Life.

It is a place that welcomes all practices of Reiki, fulfilling our need to bring us together, to love one another and to respect and honor each other.

Reiki Home supports the development of global community, facilitates connection between its members, offers access to teachers through webinars and virtual Reiki circles, shares experiences of Reiki in Action and provides the opportunity for physical contact with one another.

2018 - 2019 **Board of Directors**

President



Robert Kramps Netherlands

Vice President



Peter Coates United Kingdom

Treasurer



Dori Beeler Maryland USA

Secretary



Donna Stetser North Carolina JSA

Member



Andre Baptista Brazil

students were invited to attend a time of sharing during the AGM with us. We are exploring new ways of connecting with local Reiki communities.

The Board shared about Reiki Home, its purpose

community?"



Spanish students gathering and work and responded to questions from the Spanish Reiki community. A lively discussion took place after this question was asked: "What can Reiki Home do to support you in your local

We discovered common challenges as we discussed treating patients in hospitals with Reiki and the misunderstandings that can result.

One of the Board members shared what had happened in his country. A very well-known doctor did some scientific studies that demonstrated the effectiveness of Reiki. He then went to the Ministry of Health and these studies provided the evidence needed to convince it to approve and acknowledge Reiki practitioners. This allowed patients to access Reiki treatments in hospitals. Insurance companies cover half of the cost for the Reiki treatments and the hospital covers the other half.

All of us and the Spanish Reiki community felt supported and empowered to move forward in our communities. The Spanish community decided to host regular Reiki circles where all students are welcome and recognize the value of Reiki practices being in relationship.

We shared a Together in Reiki circle and experienced the beauty of sitting in the energy of Reiki as one. The poem Home was read in both Spanish and English as we concluded our time together.

Reiki Home is reaching out to Reiki communities to connect local communities and to share what is happening around the world. We invite you to share the news from your community to inspire and give ideas to others.

Words from one offering - Inspired Guidance

There are many wonderful ways of meditating. Try them and choose the one that fits you. It is always a good idea to surround yourself with your beloved guides and teachers.

Today you could consider your meditation as a timeless river of love and loving. This river is always streaming strongly. You can always, whenever you want, go and swim in that river. Really!



Even when you feel separated from love, it is always there for you. Just be aware now -

loving and meditating belong to the same existential category.

This is a great insight.

Your meditation and your introspection and your loving are feeding the soul of the world.

Here your deep soul work and dream work are taking place. Sending love and Reiki for a better world. Helping to manifest the next phase of human consciousness.

Member



Patricia Cuadrado Uruguay

Member



Sholpan Primbetova Kazakhstan

Creative Director of Reiki Home



Elaine Andres Oregon USA

Reiki Home Calendar

NEW Circle Heart-full Blessings

November 1 November 8 November 15 November 22 November 29

Every Thursday from 7-7:30 p.m. with Siddheshwari

Together in Reiki

November 7 November 21

At 9:30 a.m. PST with Treechild and Karen Ariamne A'Rowan.

November 18

At 10 am UK time zone, with Grainne Warner.

Open Hearts November 13 November 27

At 12:15 p.m. PST with Hilde de Vos. This is not a virtual circle.

Inspired Guidance

November 7 November 9 November 14 November 16

From 8-9 a.m. PST in Dutch & English with Frank Coppieters & Jodi Eaton

To attend a circle, visit www.reikihome.org

In the next stage, greed and the abuse of power and language are being replaced by the delightful frequency of the heart.

Feel it.

Already the rhythm of the heart is here. Here the limiting conditionings of the past are being healed and your brain is being rewired. All this takes place in the background as you are meditating.

In the midst of these evolutionary changes there are many who experience fear. Please be brave.

Keep witnessing the timeless river of loving. Witnessing is a tremendous force of compassion. Your loving presence is the healing. Live in light, in love and in peace.

Inspired Guidance October 24, 2018 © Living Light Center (Frank Coppieters) (permission to share is alw ays granted)

Your financial gift supports this circle and other offerings in Reiki Home. <u>Become a Member or send a Gift of Gratitude.</u>

NEW Heart-full Blessings Reiki Circle

Heart-full Blessings

Would you enjoy sitting with a group of people as you send good wishes, prayers and Reiki healing to your loved ones, your local community, your nation; for our whole planet?



Siddheshwari

WHEN: Every Thursday at 7 p.m. PST (USA) - 30 minutes except USA Thanksgiving Day (November 22). Circle is offered in English.

From the USA, dial 1-641-715-3580
International Dial-In Numbers
Access Code 983521#
Online participation
World Clock Converter for your own time zone.

We look forward to having you participate in this exciting NEW circle.

Saying Goodbye

Board members work closely over the years so saying goodbye is a difficult time. It is a time of sadness and celebration - two emotions, at times, hard to balance. During the year of 2018, we said goodbye to Grainne Warner, Christopher Tellez and Birgit Knorr.



2017 Board of Directors and Witnesses

Birgit and Grainne served together since 2013. During their years, they led us in developing the Strategic Plan, creating

financial transparency, beginning Together in Reiki virtual circles and hosting the Trinidad Conference. Quite impressive accomplishments and we are grateful for their leadership.

As Christopher leaves his fresh insight and excitement for Reiki Home will now be expressed in a new way. He is stepping onto the Social Media Team to oversee the Instagram platform. Christopher, a great community organizer, also plans to support Reiki Home as it grows its network of Reiki communities around the world.

Click on Events and the date of the circle. Click the link. Enjoy the circle.

Facebook

Please Like, Follow and Share our Facebook page.



Our Sponsors

We are grateful to the businesses, Reiki centers and associations who so generously support Reiki Home as a sponsor. Their monthly financial gifts make a difference and help sustain us.

Thank You!

BUSINESSES

Labyrinth Center North Carolina, USA www.labyrinthcenter.com

Pagefield Communications Ltd, London, UK www.pagefield.co.uk

Sacred Path Ministry Oregon, USA Website under construction Email for information

Sugi Health California, USA www.sugihealth.com

Ester Strijbos Web Design & **Development** Whaletown, BC, Canada www.seedpoddesign.com

REIKI CENTERS

Reikicentrum Zijn The Netherlands www.reikicentrum-zijn.nl

We are grateful to each of them for the time they gave and the work accomplished. The wisdom, clarity, skills and enthusiasm they brought will be missed.

Thank you Grainne, Birgit and Christopher for your service and the gifts you so willingly gave. We look forward to connecting in new ways in the years to come.

The 2019 Board Focus

Every year the Board holds an 8day meeting in-person somewhere in the world. This year it was in Spain.

The Board intends to grow the Reiki circles and to create webinars and other offerings. In order for this to become real, we are making the transition from an



2018 Board of Directors & Creative Director

all volunteer organization to an enterprise with part time staff. In order to make the transition, the Board will focus on creating the financial wealth necessary for this growth.

You are encouraged to help us connect with those who might assist us in making this transition. If you have ideas, know someone who might help, please email us on the website Contact Us form and share the information, an idea or offer to help in some way. Together we are creating Reiki Home.

Meet Dori Beeler

We welcomed Dori Beeler as a new Board member. Dori has served since 2015 on the Communication Team and is the Website Team Coordinator

She is a certified Private Pilot and Advanced Ground Instructor. She received an MA in Socio-Cultural Anthropology and holds a PhD in Medical Anthropology from Durham



Dori Beeler

University, UK. Her area of expertise is health and well-being. She lives in Maryland, USA, with her husband, Tom, and son, Luke.

Welcome, Dori, to a three-year term on the Board. We look forward to working together as Reiki Home expands its service to the community.

Meet Sholpan Primbetova

Sholpan Primbetova was warmly welcomed to the Board of Directors. Her journey to Reiki Home began when she studied pharmacy and worked for the Scientific Research Center of Medicines in Kazakhstan. She also was involved in NGO work in local communities and educating young women in healthy life styles.



Sholpan Primbetova.

Sholpan studied at Columbia University in the School of Social Work in New York, USA, She brings a unique gift to Reiki Home as she is a researcher and grant writer. She lives in Kazakhstan with her son, Zhandos.

SF Reiki Center

3150 18th St. #243 San Francisco, CA 94100 Telephone: 415-800-8790 www.sfreikicenter.com

Reiki Hearts

Brattleboro, VT

Reiki Kodu OÜ

Estonia

www.milvi-reiki.com

The Living Light Center

Portland, OR 97219

www.livinglightcenter.com

REIKI ASSOCIATIONS

UK Reiki Association

United Kingdom

www.reikiassociation.net

A Baby Boy is Born

Congratulations to Dina Konysbayeva and Alexey upon the birth of Ayan, their baby son September 27. His weight was 3 kg, 51 am height.

We rejoice with Dina, Alexey and their new family. We welcome Ayan into our Reiki community.

Dina is the Team Coordinator for the Akademia Team and is also the Scribe for all Board meetings. We enjoyed sharing this journey with you, Dina, and look forward to watching Ayan grow.

AGM Interesting Facts

10 languages - English, Spanish, German, Dutch, Russian, Kazkh, French, Irish, Gaelic and Portuguese.

278 years of Reiki Practice ranging from 37-12 years.

159 years as Reiki Masters ranging from 34 years to two weeks.

\$21,920 donated by participants for AGM

Welcome, Sholpan, to a three-year term on the Board of Directors. We are excited that you bring a new voice to our work of building peace and creating healing so all Life flourishes.

Ways to Support Reiki Home

There are many ways to support Reiki Home, through volunteering, becoming a sponsor or a member or doing your everyday activities, such as shopping for your daily products.

AmazonSmile

This is a simple way to support Reiki Home every time you shop - at no cost to you. Shop at <u>Smile.amazon.com</u> for the exact same low prices, vast selection and convenient shopping experience as Amazon.com, **with the added bonus** that Amazon donates a portion of the purchase price to Reiki Home.

To select Reiki Foundation International (the legal entity of Reiki Home) follow these steps:

- Login with your usual Amazon.com account details (or create a new account at Smile.amazon.com)
- Enter Reiki Foundation International in the "Or pick your own charitable organization" field.
- Click the "Search" button
- Reiki Foundation International will appear at the top of the list.
- Select it as your charity and start shopping!

A percentage of your purchase price becomes a donation to Reiki Home. We appreciate your gifts as you shop!

Become a Sponsor

Sponsors are businesses, Reiki Associations, organizatations, and/or Reiki Centers who contribute a monthly amount to support Reiki Home in expanding its offerings and the daily operational costs. For information, click **Become a Sponsor**.

Become a Member

All those who benefit from the services of Reiki Home are invited to become a member and financially support Reiki Home in its vision to build peace, heal ourselves and the earth so all life can flourish. To **Become a Member** fill out the form and join us.

